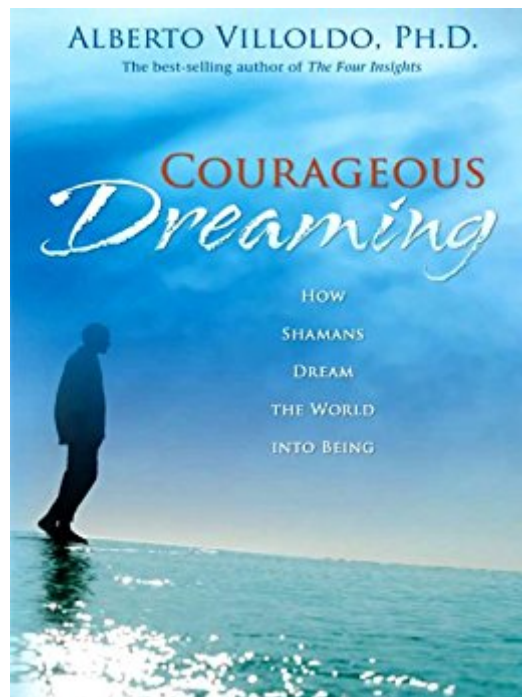


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# Courageous Dreaming: How Shamans Dream The World Into Being



## Synopsis

Modern physics tells us that we're dreaming the world into being with every thought. Courageous Dreaming tells us how to dream our world with power and grace. The ancient shamans of the Americas understood that we're not only creating our experience of the world, but are dreaming up the very nature of reality itself—that is, "life is but a dream." When you don't dream your life, you have to settle for the nightmare being dreamed by others. This book shows how to wake up from the collective nightmare and begin to dream a life of courage and grace, a sacred dream that shamans throughout time have known and served. Alberto Villoldo reveals ancient wisdom teachings that explain how to birth reality from the invisible matrix of creation; and reveals how we can interact with this matrix to dream a life of peace, health, and abundance. He shows us that courage is all that is required to create the joy we desire!

## Book Information

File Size: 663 KB

Print Length: 217 pages

Publisher: Hay House (March 1, 2008)

Publication Date: March 1, 2008

Sold by: Amazon Digital Services LLC

Language: English

ASIN: B00E8SHYT0

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #191,715 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #203

in Kindle Books > Religion & Spirituality > New Age & Spirituality > Shamanism #332 in Kindle Store > Kindle eBooks > Religion & Spirituality > Earth-Based Religions #355 in Kindle Store > Kindle eBooks > Religion & Spirituality > New Age > New Thought

## Customer Reviews

This read is simple and profound. It even coincides with The Four Agreements. This book is exactly what I needed to assist me along my path.

It is a very positive book and when you are ready the teacher appears. I am re reading it as there is good information and good narrative stories that make it more interesting, as applied in real life.

good

Don't remember your dreams? How sad is that especially if you take that literally, but it is equally sad not to remember our nightly dreams. And it takes practice. When you begin reading, you will begin dreaming like never before and getting a glimpse into the realm of the imagination and the absolute power of the imagination. It is the place where God lives and creation takes place.

excellent package arrived in perfect timing a very valuable book w great info about dreaming much better than other utopias on the subject thank you dearly ..I highly recommend it for serious readers on this particular subject

Very nicely written book which is written for times when for this times when the world needs wisdom and courage to dream and build better lives. I'm sure we'll be all hearing more about this kind of knowledge, I'll be reading more of his books as I think they'll have plenty of insights I can use in my every day life.

it is a good book cause it can resonate in some areas. but, it does leave some areas foggy. he expresses the concept of being aware of your sleeping dreams but, it was fuzzy and i got no where with that concept:(. i read mysticjaguar review and you should too, his review is excellent and well put. better than i could've written. i do recommend the book but if you read mysticjaguar review you will be aware of the limitations with this author.

I very much enjoyed this book. I'm very fascinated with indigenous cultures and their spiritual beliefs. This author is a favorite of mine as I have enjoyed all his books I've read so far.

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